



Manor Clinic

Manor Clinic, in Southampton, is a 13-bed exclusive addiction treatment centre, providing a charming and homely environment to receive expert care and support for addiction. We specialise in alcohol, drug, gambling and prescription drug addiction treatment.

Treatment

We provide an evidence-based programme that is tailored to individual needs, all structured within NICE guidelines.

- + The therapy team work closely with the wider team to offer 24/7 support

- + Flexible detoxification and rehabilitation programmes over 7, 14, 21 and 28 days (programmes can be longer if required)

- + Tried and tested therapeutic techniques including mindfulness, mood management and emotional freedom techniques

- + Appropriate medication management as required for patients with co-occurring mental health conditions



Our environment

At Manor Clinic, we believe that the treatment environment is just as important as the treatment itself, for empowering our patients to achieve a full and lasting recovery from addiction and co-occurring disorders.

Based in an elegant Georgian mansion, our close-knit, family feel allows for an informal atmosphere where our patients can find privacy and tranquillity on their journey towards recovery.

We offer patients:

- + Comfortable and contemporary décor, ensuring bedrooms and common areas are all finished to a high standard

- + Single occupancy, double ensuite bedrooms

- + Beautifully landscaped private gardens

- + Welcoming communal dining room, allowing patients to eat and socialise together

- + Plenty of local walks, allowing you to enjoy some light exercise and enjoy the stunning scenery

- + A peaceful summer house in the grounds, where you will participate in therapy

- + On-site chef, providing nutritious and delicious home-cooked meals, with catering to suit dietary needs

- + Dedicated housekeeping

- + Internet access available throughout the site

We can support

- + Adults with alcohol, drug or behavioural (including gambling and internet) addictions
- + While our primary service is addiction support, we are able to offer dual diagnosis support for mental health conditions such as anxiety, depression and PTSD

Additional patient and family support

- + Access to 24-hour telephone support
- + Bi-annual aftercare group events
- + Free aftercare for life for patients who complete the programme
- + Family support for life
- + Weekly meetings arranged at local Alcoholics and Narcotics Anonymous

Wellbeing activities

- + Mindfulness
- + Yoga
- + Meditation
- + Acupuncture

Specialist team

Our excellent clinical team are committed to helping individuals to break free from the confines of addiction, by using established and evidence-based methods. The team includes:

- + **Dr Simon Kelly** - Consultant Psychiatrist
- + **Dr James Stallard** - Consultant Psychiatrist
- + **Sarina Wheatman** - Addictions Therapy Manager
- + **Jacqui Newbold** - Addictions and Aftercare Manager
- + **Angie Cullen** - Family Liaison Therapist
- + **Jane Willett** - Clinic Director

Funding

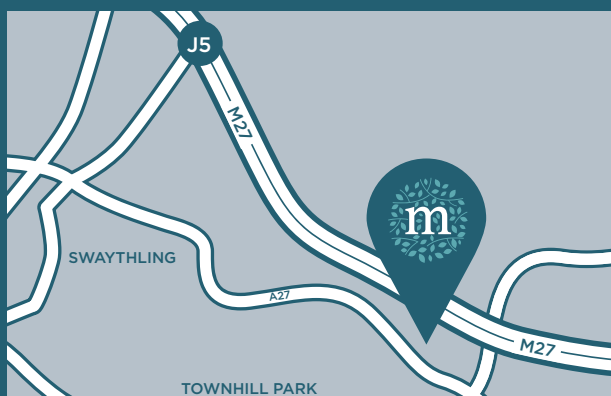
Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Our location

Manor Clinic, Mansbridge Road, Southampton, Hampshire, SO18 3HW.

Very easy access from the M3, Southampton Airport and local train stations.



Enquiries and further information

To find out further information or to make a referral into Manor Clinic, please contact our dedicated 24/7 enquiry team:

Telephone: 0808 291 1666

Email: ManorClinicReferrals@priorygroup.com

Visit: www.themanorclinic.com

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